



**Press Release**  
**FOR IMMEDIATE RELEASE**

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## **Reeves Regional Health Advocates Annual Wellness Exams**

*Encouraging Individuals to Stay with Regular Health Check-Ups*

PECOS, Texas (June 17, 2024) – As a leader in community healthcare, Reeves Regional Health is urging residents to schedule their annual wellness exams this summer. These routine check-ups are essential for maintaining good health and catching potential issues early. Reeves Regional Health emphasizes that proactive healthcare, particularly through yearly exams, is vital for long-term well-being and disease prevention.

"Annual wellness exams are more than just routine visits; they are foundational for a proactive approach to health," says Louis McIntire, MD, Family Practice with OB provider at Reeves Regional Rural Health Clinic. "These exams allow us to identify and address health concerns early, often before they become serious problems."

Wellness exams at Reeves Regional Rural Health Clinic involve a thorough review of a patient's health history and a complete physical assessment. "We take a holistic approach to evaluate physical, mental, and emotional health," Dr. McIntire explains. "This includes screening for common conditions and discussing lifestyle choices to support overall wellness."

Screenings for diabetes, cancer, and heart disease are integral parts of these exams. LNAME stresses the importance of these tests, stating, "Detecting health issues early can significantly impact treatment outcomes. Regular screenings help us intervene at the earliest and most treatable stages."

The emphasis on wellness exams extends to children, ensuring their growth and development are closely monitored. "For children, these exams are crucial," Dr. McIntire adds. "They allow us to track their progress, catch any developmental concerns, and ensure they stay up to date with vaccinations. It's about building a strong foundation for a lifetime of health."

With summer offering a pause from the hectic school year, it's the perfect time for families to focus on their health. "Take advantage of the summer break to schedule your children's wellness exams," Dr. McIntire suggests. "It's an ideal time to ensure they are healthy and ready for the upcoming school year."

Reeves Regional Rural Health Clinic continues to champion preventive care as a cornerstone of its mission to improve community health. By promoting regular wellness exams, they aim to empower individuals to take control of their health and work towards achieving their best possible well-being.

**MORE**



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With summertime providing a break from the hustle and bustle of the school year, it is an ideal time for Dr. McIntire urges families to call the Reeves Regional Rural Health Clinic at 432-447-0565 to make an appointment and ensure their children receive the care they deserve.

For more information about local healthcare capabilities, including medical providers, please visit the Reeves Regional Health website at [www.reevesregional.com](http://www.reevesregional.com).

### **About Reeves Regional Health**

Reeves Regional Health (RRH), formally known as Reeves County Hospital District, provides healthcare services for Reeves County and neighboring West Texas communities. Founded in 1954, RRH, a Level IV Trauma Center, offers various medical services, including emergency care, diagnostic imaging, physical therapy, general surgery, a clinical laboratory, and more. RRH also operates Reeves Regional Home Health and Hospice, and Reeves Regional Rural Health Clinic. In November 2022, RRH began serving patients from a new \$115 million, 140,000-square-foot campus. For more information, please visit [www.reevesregional.com](http://www.reevesregional.com).

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