

Press Release
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## **Local Clinic Provides Care to Busy Families During the Holidays**

Reeves Regional Rural Health Clinic provides convenient healthcare during cold and flu season.

PECOS, Texas (Dec. 19, 2022) – With the holiday season upon us, Reeves Regional Health is wishing the community a Merry Christmas and Happy New Year. As we give thanks for health and happiness, Reeves County residents can take comfort knowing that when illness or injury strikes, medical care is available at the Reeves Regional Rural Health Clinic (formerly Pecos Valley Rural Health Clinic).

During the holiday season, the Reeves Regional Rural Health Clinic will be closed on Monday, Dec. 26 and Jan 2, 2023.

"Having medical services available at the clinic means families don't have to leave the community," said Conchita Hernandez, practice manager at the Reeves Regional Rural Health Clinic. "The last thing you want to do when you are sick or injured is drive back and forth across the region."

The Reeves Regional Rural Health Clinic (RRRHC), a service of Reeves Regional Health, provides primary and acute care for the entire family, including family practice, preventive care, surgical, obstetrics outpatient services and minor emergencies.

Patients can also receive acute care for minor emergencies, such as bone fractures, sprains and lacerations.

With the cold and flu season intensifying, the clinic expects to see patients suffering from common winter illnesses. Many residents are choosing to take a proactive approach against the flu and Covid by getting vaccinated.

"It's not too late to get a flu or Covid shot," Hernandez said. "The flu season begins in late fall, but it will likely continue through February. Getting vaccinated now is a smart idea for the whole family."

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In addition to care for illnesses and injuries, the RRRHC provides a variety of preventive care services, including wellness exams.

The CDC estimates that fewer than half of American adults, age 65 or older, and fewer than a quarter of adults, ages 50 to 64 receive the recommended level of preventative health services. This includes immunizations, and cancer and cardiovascular screenings.

Medicare and most insurance plans cover annual wellness checks. Taking advantage of a consultation with a primary care provider helps families ensure good health all year long and save on medical bills.

According to the Centers for Disease Control and Prevention (CDC), regular health exams, screenings and tests can help medical providers find problems in patients before they advance.

"We are fortunate to have such a great resource in Reeves County," Hernandez said. "Being able to receive healthcare services without traveling long distances is a great comfort for busy families."

Patients with minor emergencies can take advantage of walk-in services at the Reeve Regional Rural Health Clinic. To learn more about annual wellness exams or other local medical services, please call the Reeve Regional Rural Health Clinic at 432-447-0565.

## **About Reeves Regional Health**

Reeves Regional Health (RRH), formally known as Reeves County Hospital District, provides healthcare services for Reeves County and neighboring West Texas communities. Founded in 1954, RRH, a Level IV Trauma Center, offers various medical services, including emergency care, diagnostic imaging, physical therapy, general surgery, a clinical laboratory, and more. RRH also operates Reeves Regional Home Health & Hospice, Reeves Regional Rural Health Clinic. In November 2022, RRH began serving patients from a new \$115 million, 140,000-square-foot campus. For more information, please visit www.reevesregional.com.

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